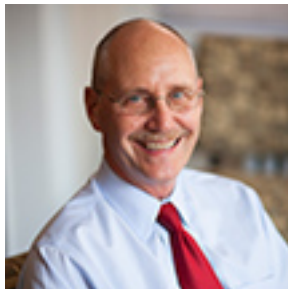




# Parents Connection

## A Message from the Director of Harvard University Health Services



Dear Harvard College Parents and Guardians,  
Welcome to the Harvard community. We are looking forward to supporting your student and you as they make the transition to college. At Harvard University Health Services (HUHS), the mental, physical, and emotional well-being of our

students is a top priority, and we are constantly working with students and the entire Harvard community to improve the services and resources we offer and to enhance the quality of care that we provide. To that end, I encourage you and your student to reach out to us at any time – no concern is too big or too small – and we can work together to ensure that students are healthy, safe, and successful.

On behalf of everyone at HUHS, we look forward to caring for and supporting your students during their time at Harvard.

All the best,

Paul J. Barreira, MD

*Director, Harvard University Health Services*

*Henry K. Oliver Professor of Hygiene*

# Plan Ahead!



## Wintersession

January 15-26, 2016

Please keep Wintersession in mind as you and your student make travel plans for winter break. Find out more information about dates and programming.

[MORE INFORMATION](#)

## In Case You Missed It ...

The Harvard Gazette is the official news source of Harvard University. [Subscribe to the Daily Gazette.](#)

### **Faust: Step up on climate change**

At State Department forum, she says universities must play key role in developing solutions to global problem. [Read more](#)

### **New arts concentration gets warm welcome**

Students, faculty hail the creative fusion of the new Theater, Dance & Media concentration. Announced in the spring of this year, the new concentration builds on Harvard's thriving creative spirit and its drive to merge the arts more fully with campus life and the curriculum. [Read more](#)

# Get Involved

## [Parent Webinar—A Virtual Connection »](#)

Thank you to those of you who joined us for this month's webinar. For those unable to participate, we wanted to be certain you have an opportunity to view the recording, which can be accessed by visiting the [Harvard College YouTube channel](#).

## [Regional Harvard College Fund Parents Committee Events »](#)

The Harvard College Fund Parents Committee frequently hosts parent gatherings to help foster a more engaged and supportive community of College parents and guardians on both a global and local level. The following are a few upcoming regional events: October 29 - Houston Parents Reception; November 20 - Shanghai, China Parents Reception; November 22 - East Bay and San Francisco Parents Reception. If you live in any of these cities and would like more information, please contact [parf\\_inquiry@harvard.edu](mailto:parf_inquiry@harvard.edu). All are welcome.

## Did You Know?

Harvard is haunted! A handful or more of Harvard Houses, buildings or halls are said to be haunted by the ghosts of Harvard's past. For example, lore says the ghost of Radcliffe alumna Margaret Coleman Waites A.B. 1905, A.M. '06, lingers in the Cabot Library suite, which houses a collection of her books and antiques. [Visit the Haunted Hotspots Map](#) for an interactive tour of Harvard's most ghostly sites!



STUDENT EXPERIENCE

## Freshman Parents Weekend

Freshman Parents Weekend (October 23-24) was an exciting time on the Harvard College campus, with over 2,365 family members attending the events. Parents enjoyed the opportunity to engage with faculty members, visit student classes, and see how the College community comes together in ways that support the social and intellectual transformation of students. We wanted to share a collection of photos from this incredible weekend.

[VIEW THE PHOTO GALLERY](#)

# Resources

Parent Programs: (617) 495-8663

Financial Aid: (617) 495-1551

Harvard University Health Services (24 hour): (617) 495-5711

HUHS Counseling and Mental Health Services: (617) 495-2042

Faculty of Arts and Sciences Registrar: (617) 495-1543

Housing and Residential Life: (617) 496-2774

Harvard College Parents Fund: (617) 496-3819

Additional Resources

**NOTE:** Are you receiving Parents Connection every month? Add [parents@fas.harvard.edu](mailto:parents@fas.harvard.edu) to your address book or contact list to ensure the newsletter is delivered to your inbox without being placed in your junk or spam folder.

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**Harvard College**  
University Hall, First Floor  
Cambridge, MA 02138

You are receiving this email because you are the parent or guardian of a Harvard College student.  
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